

CLASS A — STATE MEET RECORDS

Event	Record	Record Holder	High School	Year
100 Yd. Dash	10.0	Moore, Don	Crookston	1974
220 Yd. Dash	22.3	Moore, Don	Crookston	1974
440 Yd. Dash	49.7	Hagen, Steve	Buffalo	1974
880 Yd. Run	1:56.7	Hanson, Nathan	Crookston	1974
One Mile Run	4:18.6	O'Donnell, Tim	Simley	1974
Two Mile Run	9:23.0	Kramer, Dale	Glenwood	1974
120 Yd. H. Hurdles	14.6	Hawkins, Jeff	Elk River	1974
180 Yd. L. Hurdles	19.8	Hawkins, Jeff	Elk River	1974
Running High Jump	6' 5"	Beckel, Bruce	Simley	1974
Running Long Jump	22' ½"	Ailts, Rick	Jackson	1974
Pole Vault	13' 10"	Lindman, Craig	Brooklyn Center	1973
Shot Put	57' 8¼"	Turnbull, Steve	Eden Prairie	1973
Discus	176' 7"	Ailts, Rick	Jackson	1973
880 Yd. Relay	1:31.5	D. Moore, J. Radi	Crookston	1974
		J. Potter, J. Burkhardt		
1 Mile Sprint Medley	3:35.9	Bob Swanson, Mitch Long	Glenwood	1973
		Greg Mclver, Rick Wheeler		
1 Mile Relay	3:26.9	R. Ranum, M. Ranum	Crookston	1974
		N. Hanson, J. Burkhardt		

1974 CLASS A TRACK AND FIELD RESULTS

Team Results

Crookston	40	St. James	5	Long Prairie	3
Elk River	20	Eden Prairie	5	St. Peter	3
Jackson	18	Pipestone	5	Chaska	3
Glenwood	14	Park Rapids	5	Silver Bay	3
Two Harbors	13	Thief River Falls	4	St. Paul Murray	3
Simley	12	Litchfield	4	Princeton	2
Buffalo	10	Tracy	4	Chisago Lakes	2
Redwood Falls	9	Orono	4	North Branch	2
Northfield	8	Eveleth	4	Aitkin	2
Blaine	7	Glencoe	4	Montevideo	2
St. Francis	7	Sauk Rapids	3	Cold Spring Rocori	2
Staples	6	Marshall	3	Crosby-Ironton	1
Sauk Centre	5	Ely	3	Cambridge	1
		Waseca	3	Blue Earth	1

Individual Results

Two Mile Run

1. Dale Kramer	Glenwood	9:23.0
2. Norm Larson	Tracy	9:24.4
3. Dick Salvator	St. Paul Murray	9:47.0
4. Ralph Norton	Sauk Centre	9:50.0
5. Dennis Barker	St. James	9:50.6

Mile Relay

1.	Crookston	3:26.9
2.	Buffalo	3:28.7
3.	Northfield	3:29.6
4.	Redwood Falls	3:20.2
5.	St. Francis	3:30.3

120 High Hurdles

1. Jeff Hawkins	Elk River	14.6
2. Steve Smit	Elk River	14.8
3. John Ederer	Orono	14.8
4. Terry DeSutter	Aitkin	15.1
5. Tim Schmitz	Sauk Centre	15.2

100 Yard Dash

1. Don Moore	Crookston	10.0
2. Duane Sheppard	Blaine	10.2
3. Greg Dirnberger	Long Prairie	10.3
4. Greg Moliter	Two Harbors	10.3
5. Bob Dibble	Pipestone	10.4

Mile Run

1. Tim O'Donnell	Simley	4:18.6
2. Mark Runge	St. James	4:22.7
3. Larry Berkner	Ely	4:22.7
4. Loren Pierce	North Branch	4:23.8
5. Jon Sybilrud	Waseca	4:24.4

Half Mile Relay

1.	Crookston	1:31.5
2.	Redwood Falls	1:32.7
3.	Eden Prairie	1:33.5
4.	Two Harbors	1:34.3
5.	Simley	

440 Yard Dash

1. Steve Hagen	Buffalo	49.7
2. Roger Parlanti	Eveleth	49.9
3. Ron Moorse	Marshall	50.8
4. Steve Schmidt	Northfield	51.0
5. Don Kahring	Cambridge	51.2

Pole Vault

1. Jeff Marden	Staples	13'3"
2. Steve Harsha	Park Rapids	12'6"
3. Dave Tadson	Chaska	12'3"
4. Jim Larson	Montevideo	12'0"
5. Rolin Sinn	Blue Earth	11'9"

Individual Results

180 Low Hurdles

1. Jeff Hawkins	Elk River	19.8
2. Greg McIver	Glenwood	19.8
3. Greg Boyle	Two Harbors	20.2
4. Craig Thompson	Redwood Falls	20.7
5. John Ederer	Orono	20.8

880 Yard Run

1. Nathan Hanson	Crookston	1:56.7
2. Jerry Cheney	Two Harbors	1:57.2
3. Bob Skuza	Sauk Rapids	1:57.2
4. Jeff Chartronie	Chisago Lakes	1:57.4
5. Greg Steuck	Crosby-Ironton	1:57.7

220 Yard Dash

1. Don Moore	Crookston	22.3
2. Jon Burkhardt	Crookston	22.6
3. Duane Sheppard	Blaine	22.6
4. Doug Froelick	Princeton	23.0
5. Rick Kjolsing	Litchfield	23.1

Shot Put

1. Rick Ailts	Jackson	55' 3"
2. Tom Sorenson	Pipestone	55' 1¼"
3. Len DeVos	Crookston	54' 6½"
4. Jim Ravnikar	Two Harbors	53' 11"
5. Jeff Brace	Eden Prairie	53' 7¼"

High Jump

1. Bruce Beckel	Simley	6' 5"
2. Greg Jerve	Glencoe	6' 5"
3. Tom Nysteun	Northfield	6' 2"
4. Brian Edwards	St. Peter	6' 2"
5. Steve Harsha	Park Rapids	6' 2"

Long Jump

1. Rick Ailts	Jackson	22' ½"
2. Steve Smit	Elk River	21' 9¾"
3. Rick Kjolsing	Litchfield	21' 3¾"
4. John Welle	Sauk Centre	20' 11½"
5. Martin Peper	Eden Prairie	20' 9¼"

Discus

1. Rick Ailts	Jackson	167' 2"
2. Tony Dorn	Thief River Falls	147' 11"
3. Len DeVos	Crookston	146' 5"
4. Pat Backes	Cold Spring Rocori	144' 5"
5. Rick Lager	St. Peter	143' 7"

Sprint Medley

1.	St. Francis	3:36.6
2.	Glenwood	3:37.0
3.	Silver Bay	3:40.6
4.	Waseca	3:41.7
5.	Redwood Falls	3:42.1